

# *Running Horse Promotions*

## *Monday Curry Night*

Every Monday from 9th March from 1730hrs.  
Chef's homemade curry with all the  
accompaniments and a glass of wine or a pint  
of beer for just £10.95 per person.

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## *Steak Night*

### *Tuesday 25th February*

Enjoy best of British and all the atmosphere  
of the Running Horse Tavern at our monthly  
steak night. Every last Tuesday of the month,  
enjoy grilled British 6oz sirloin steak, hand  
cut chips, onion rings, Beurre Maître d'hôtel,  
grilled mushroom & tomato with a selection  
of salads and sauces.

£15.50 per person.

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## *Wine of the Month*

100 Series Chardonnay Simonet Febvre 2015

Bottle 750 ml £24.00

Glass 175 ml £5.90

Amelia Park Shiraz Frankland River

Australia 2013

Bottle 750 ml £32.00

Glass 175 ml £7.70

# *Running Horse*

## *Lunch Menu*

### *Sandwiches, Salads & Soups*

<b>RAF Club Sandwich</b> Chips, bacon, chicken, egg mayo, lettuce & tomato	£8.50
<b>Vegetarian Club Sandwich</b> Roasted peppers, lettuce, tomato, egg mayo	£6.50
<b>Cheddar Cheese &amp; Ham Toastie</b> Tomato & honey roast ham	£6.50
<b>Shredded Salt Beef Sandwich</b> Toasted white bloomer, Dijon mustard mayo, celeriac remoulade	£7.00
<b>Smoked Salmon &amp; Avocado</b> Toasted sourdough	£8.50
<b>Smoked Salmon Sandwich</b> Multi grain bloomer, caper crème fraiche, cucumber & watercress	£7.50
<b>Sauté Field Mushrooms</b> On toast with poached eggs	£7.00
<b>Parma Ham Panini</b> Brie & roquette	£7.00
<b>Chicken Caesar Salad</b> Baby gem, parmesan, croutons & anchovies	Small £7.80, Large £9.80
<b>Cobb Salad with Bacon</b> Avocado, chicken, tomato, olives, blue cheese dressing	Small £7.00, Large £9.00
<b>Roquette &amp; Parmesan Salad</b> Cherry tomatoes salad, balsamic dressing	£6.00
<b>Salmon Nicoise Salad</b> Mixed leaves, poached salmon, olives, green beans	£8.50
<b>Soup of the Day</b> Bread & butter	£4.50

### *Main Courses*

<b>Beer Battered Haddock &amp; Chips</b> Tartare sauce & mushy peas	£9.80
<b>Homemade Burger &amp; Chips</b> (add cheddar or bacon 50p each) Potato bun, tomato, lettuce & onion	£9.80
<b>Chicken Curry &amp; Rice</b> Mango chutney , lime pickle & poppadum	£9.00
<b>Vegetarian Curry &amp; Rice</b> Mango chutney , lime pickle & poppadum	£7.50
<b>6oz Rose County Sirloin Steak</b> Herb butter, Béarnaise sauce, chips & grilled tomato	£12.00

<b>RAF Club Ploughman's</b> Parma ham, salami, Stilton, pickles, plum chutney, cheddar cheese & gala pie	£9.80
<b>Scampi, Chips &amp; Peas</b> With tartar sauce	£8.50
<b>Steak, Kidney &amp; Mushroom Pie</b> Chips or vegetables	£9.50
<b>Ham, Cheese &amp; Tomato Omelette</b> With chips	£7.70
<b>Smoked Salmon &amp; Spinach Omelette</b> With chips	£8.50
<b>Jacket Potato with Butter and Mixed Leaves</b> (Additional fillings £1.00) Cheese, baked beans, prawns or chilli beef	£6.00

### *Lunch Specials*

<b>Roasted Cauliflower Macaroni Cheese</b>	£8.50
<b>Honey &amp; Mustard Half Roast Chicken</b> Crushed potatoes with chives	£10.00
<b>Masala Spice Lamb Steak</b> Rice & mixed pickled cabbage slow	£10.00

### *Sides ~ £2.20 each*

**Chips**

**Mixed Salad**

**Garden Peas**

**Mashed Potatoes**

**Seasonal Vegetables**

### *Desserts ~ £4.50 each*

**Black Forest & Chocolate Brownie Sundae**

**Dutch Apple Pie, Vanilla Ice Cream**

**Banana & Walnut Cake, Salted Caramel Ice Cream**

**Ice Cream or Sorbets £1.10 per scoop:**

*Vanilla, strawberry, chocolate, salted caramel,  
mango, lemon*

**Selection of British Cheeses and Biscuits £6.00**

**We use a wide range of ingredients in our kitchen,  
some of which may contain allergens.**

**If you have a specific allergy or dietary requirement,  
please let us know before ordering**

# *Running Horse*

## *Dinner Menu*

### *Sandwiches, Salads & Soups*

<b>RAF Club Sandwich</b> Chips, bacon, chicken egg mayo, lettuce & tomato	£8.50
<b>Vegetarian Club Sandwich</b> Roasted peppers, lettuce, tomato, egg mayo	£6.50
<b>Cheddar Cheese &amp; Ham Toastie</b> Tomato & honey roast ham	£6.50
<b>Shredded Salt Beef Sandwich</b> Toasted white bloomer, Dijon mustard mayo, celeriac remoulade	£7.00
<b>Smoked Salmon &amp; Avocado</b> Toasted sourdough	£8.50
<b>Chicken Caesar Salad</b> Baby gem, parmesan, croutons & anchovies	Small £7.80, Large £9.80
<b>Cobb Salad with Bacon</b> Avocado, chicken, tomato, olives, blue cheese dressing	Small £7.00, Large £9.00
<b>Roquette &amp; Parmesan Salad</b> Cherry tomato salad, Balsamic dressing	£6.00
<b>Roasted Butternut Squash &amp; Couscous Salad</b>	£7.00
<b>Fried Calamari</b> Asian barbeque sauce	£6.00
<b>Soup of the Day</b> Bread & butter	£4.50

### *Main Courses*

<b>Beer Battered Haddock &amp; Chips</b> Tartar sauce & mushy peas	£9.80
<b>Homemade Burger &amp; Chips</b> (add cheddar or bacon 50p each) Potato bun, tomato, lettuce & onion	£9.80
<b>Chicken Curry &amp; Rice</b> Mango chutney, lime pickle & poppadum	£9.00
<b>Vegetarian Curry &amp; Rice</b> Mango chutney, lime pickle & poppadum	£7.50
<b>6oz Rose County Sirloin Steak</b> Herb butter, béarnaise sauce, chips & grilled tomato	£12.00

<b>Scampi, Chips &amp; Peas</b> With tartare sauce	£8.50
<b>Steak, Kidney &amp; Mushroom Pie</b> Chips or vegetables	£9.50
<b>Ham, Cheese &amp; Tomato Omelette</b> With chips	£7.70
<b>Smoked Salmon &amp; Spinach Omelette</b> With chips	£8.50
<b>RAF Club Ploughman's</b> Parma ham, salami, stilton, pickles, plum chutney, cheddar cheese & gala pie	£8.50

### *Dinner Specials*

<b>Roasted cauliflower macaroni cheese</b>	£8.50
<b>Honey &amp; Mustard Half Roast Chicken</b> Crushed potatoes with chives	£10.00
<b>Masala spice lamb steak</b> Rice & mixed pickled cabbage slow	£10.00

### *Sides ~ £2.20 each*

**Chips**

**Mixed Salad**

**Garden Peas**

**Seasonal Vegetables**

### *Desserts ~ £4.50 each*

**Black Forest & Chocolate Brownie Sundae**

**Dutch Apple Pie, Vanilla Ice Cream**

**Banana & Walnut Cake, Salted Caramel Ice Cream**

**Ice Cream or Sorbets £1.10 per scoop:**

*Vanilla, strawberry, chocolate, salted caramel,  
mango, lemon*

**Selection of British Cheeses and Biscuits £6.00**

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# *Running Horse*

## *Wine & Drinks*

<i>White Wines</i>	<i>175ml</i>	<i>500ml</i>	<i>Bottle</i>
<b>RAF Club White</b> Airen/Sauvignon Blanc, Spain	4.70	13.50	20.00
<b>Sauvignon Blanc</b> Sacred Hill, New Zealand	6.10	17.50	26.00
<b>Pinot Grigio</b> Canyon Road, California USA	5.10	14.50	21.00
<b>Chardonnay</b> Bulletin Point, Australia	5.80	16.50	25.00
 <i>Rosé Wines</i>			
<b>Pinot Grigio Rosé,</b> Vignetti Delle Dolimiti Italy	5.70		24.00
 <i>Red Wines</i>			
<b>RAF Club Red</b> Merlot, Chile	4.70	13.50	20.00
<b>Rioja Tinto</b> Canchales, Spain	6.00	16.50	24.00
<b>Chianti</b> La Rocca, Italy	6.00	16.50	24.00
<b>Malbec</b> Cristobal Mendoza, Argentina	6.50	18.00	27.00
<b>Châteauneuf du Pape</b> Domaine de Fargueirol 2015 France			45.00
 <i>Champagne &amp; Bubbles</i>			
	<i>150ml</i>		<i>Bottle</i>
<b>Beaumont Brut NV</b> Champagne, France	9.00		44.00
<b>Prosecco Cielo</b> Veneto, Italy	6.50		33.00
 <i>Gin</i>			
			<i>25ml</i>
RAF Club Gin			£3.80
Gordons Premium Pink Gin			£3.80
Bombay Sapphire			£3.50
Hendricks			£3.90
Sipsmith			£3.60
Plymouth			£3.60

**Wine is also available in 125ml measures. Please speak to a member of staff for more details.**